



# CRUSADER CHRONICLE

## October 2011

### PRINCIPAL'S CORNER

As the leaves begin to change and October chill is in the air, safety is in the forefront of our minds. The Tinley Park Fire Department has informed the school that Fire Prevention Week begins October 4th. During this week teachers will be addressing the importance of fire safety and prevention. You can help in this teaching process by making sure you have working smoke detectors in your home, establishing a plan and a safe place to meet outside of the home in case of fire, and practicing escape routes. We are mandated by law to have fire drills in schools, but practicing at home is equally as important.



Halloween safety should also be considered as the time to gather candy draws near. Making sure your child is able to be seen, using glow sticks, flashlights, and reflective tape on costumes will help ensure your children will get home safely with far too much candy. Finally, if your child is wearing a mask, making sure he or she can breathe easily and see clearly will also ensure a safe trick or treating experience.

Also, please plan on coming out to the Halloween Party at Keller on Friday, October 28th from 6-8 pm. Thank you in advance to the PTO and the parents who helped make this possible.

Enjoy the change of seasons!

### FIRE PREVENTION POSTER WINNERS

#### Kindergarten

1st Place Isabella K. K-3  
 2nd Place Nikolette J. K-2  
 3rd Place Andrzej P. K-1

#### 1st Grade

1st Place Ryan B. 1-3  
 2nd Place Jenna P. 1-3  
 3rd Place Allison S. 1-1

#### 2nd Grade

1st Place Haley B. 2-2  
 2nd Place Zachary P. 2-2  
 3rd Place Elyana A. 2-1

#### 3rd Grade

1st Place Alyssa W. 3-3  
 2nd Place Abigail K. 3-2  
 3rd Place Amya N. 3-1

#### 4th Grade

1st Place Nicole D. 4-2  
 2nd Place Emily R. 4-2  
 3rd Place Maddie F. 4-1

#### 5th Grade

1st Place Ripley F. 5-1  
 2nd Place Marisa D. 5-2  
 3rd Place Gianna A. 5-3



### Upcoming Hot Lunches

- > 10/3 Salina's
- > 10/7 Ameera's
- > 10/14 Nick's BBQ
- > 10/17 Domino's
- > 10/21 Winston's Market
- > 10/24 Let's Do Lunch
- > 10/28 Panda Express
- > 10/31 Domino's

### Important Dates

- > 9/29 Picture Day
- > 10/4 Student Council Meeting 2:35-3:15
- > 10/10 No School
- > 10/19 Market Day
- > 10/20 Popcorn Day
- > 10/28 Pumpkin Chase Race
- > 10/31 START Day 12:30 Dismissal

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## NURSE'S NOTES

According to the American Academy of Allergy, Asthma, and Immunology, asthma is a chronic disease involving the airways in the lungs. These airways, or bronchial tubes, allow air to come in and out of the lungs. If you have asthma your airways are always inflamed. They become even more swollen and the muscles around the airways can tighten when something triggers your symptoms. This makes it difficult for air to move in and out of the lungs, causing symptoms such as coughing, wheezing, shortness of breath and/or chest tightness.



Many children have the symptoms of asthma without the formal diagnosis of asthma. A detailed history of symptoms and a physical exam is a vital and important part of diagnosing asthma at any age. The hallmark symptoms are coughing, wheezing, shortness of breath, and chest or throat tightness. Even without the formal diagnosis of asthma children may need albuterol medication for treatment of respiratory symptoms. Each child is different and should have an individual asthma action plan to best manage one's symptoms.

There are many common substances that can initiate or aggravate an asthma episode. These substances, along with environmental conditions, are commonly referred to as triggers. Some common asthma triggers are smoke, animals, exercise, molds, weather changes, perfume, dust mites, and infections. Triggers should be avoided whenever possible. A variety of medications are prescribed in the management of asthma and asthma symptoms. Some medications reduce inflammation and prevent episodes. They are usually taken on a daily basis. Other medications relieve bronchoconstriction and are designed for relief during an asthma episode.

Asthma and symptoms of asthma are best managed by daily assessment of symptoms and peak flow monitoring. Peak flow monitoring is easy, objective, and another piece of information to share with the doctor when discussing asthma episodes. The School Nurse will explain peak flow monitoring to both the child and the parent. Please feel free to call the Nurse with any questions or concerns about your child's asthma symptoms and asthma action plan.

## TINLEY PARK PUBLIC LIBRARY SUMMER READING CLUB

The following list of students participated in the Summer Reading Club at the Tinley Park Library. These children worked very hard over the summer and we congratulate them for a job well done!



Elyana A. 2-1  
Malik A. 3-3  
Mia B. 5-1  
Courtney C. 5-2  
Nicole D. 4-2  
Allison F. 4-2  
Madeline F. 4-1  
Ava G. 3-1

Zachary G. K-3  
Maria J. 2-3  
Lauren J. 5-2  
Eric R. 2-2  
Adam S. 3-2  
Danya S. K-1  
Evan S. 3-1  
Allison S. 1-1  
Kailey S. 5-1

Dominic U. 1-1  
Jeremy U. 3-3  
Chad Y. 5-1  
Christopher P. 5-1  
Emily P. 5-2  
Michael P. 2-1  
Mackenzie R. 3-1  
Marissa R. 3-3

## LEARNING CENTER NEWS

The following students turned in their Summer Reading Log and were invited to the afternoon workshop with Thaddeus Rex. We spent an exciting afternoon writing our own song for our school. You can log into our web page to hear their awesome work. Unfortunately we ran out of time to write the third stanza of the song but we sure did have fun! Thanks to the PTO for their support in funding the performance for both the morning and afternoon performance. To view our song go to <http://destiny.ksd140.org> and click on Keller.

Dominic U. 1-1	Eric R. 2-2	Madeline M. 4-2	Christian B. 2-3
Sean M. 1-2	Ava G. 3-1	Nicole D. 4-2	Maria J. 2-3
Jillyan O. 1-2	Kaitlin K. 3-1	Allison F. 4-2	Tori W. 5-2
Jordan O. 1-3	Marissa R. 3-3	Michael G. 4-2	Katie M. 5-2
Jenna P. 1-3	Jeremy U. 3-3	Nik B. 4-2	Courtney C. 5-2
Ethan A. 1-3	Malik A. 3-3	Ylber N. 4-2	Lauren J. 5-2
Derek M. 1-3	Eric A. 3-3	Madyson P. 4-3	Gianna A. 5-3
Danny G. 2-1	Madeline F. 4-1	Abby S. 4-3	Hanna J. 5-3
Elyana A. 2-1	Phallyn L. 4-1	Kailey S. 5-1	Kayla C. 5-3

**Thank you to the following student for donating books to the library for their August and September birthdays!**

- 8/4 Wisam S. EC-1 Marley: Thanks Mom and Dad  
 8/8 Katherine P. K-3 The Odd Egg  
 8/11 Zack N. 2-3 Chicken Run  
 8/15 Jack R. K-2 How Do Dinosaurs Go Up and Down  
 8/17 Jordan O. 1-3 Howard B. Wigglebottom Learns to Listen  
 8/22 Madeline C. 3-3 Space Tourist Handbook, Duck for President, Skippyjoh Jones In Mummy Trouble, When Giants Come to Play
- 9/1 Anas A. K-2 Farm Dog Marley  
 9/1 Mahmoud A. K-3 Messy Dog Marley  
 9/3 William S. 1-1 Pete the Cat Rocking in My School Shoes  
 9/3 Adam S. 3-2 Stink Solar System Superhero  
 9/5 Logan C. 5-1 Space Racer, The Haunting of Freddy, Extreme Weather, The Handy Science Answer Book, The Brainiest Puzzle Book  
 9/7 Isabella K. K-3 Pinkalicious  
 9/9 Kadence J. K-3 Dog Loves Books  
 9/10 Reham S. 4-1 Trouble According to Humphrey  
 9/12 Katie W. 5-2 The Throne of Fire  
 9/17 Codey Collin 3-1 Happy Birthday Bad Kitty  
 9/18 Eunice G. K-2 The Hair of Zoe Fleefenbacher Goes to School  
 9/24 Daniel W. 1-1 The Great Dog Wash



If you would like to purchase headphones for your child they are still available for \$5.00. The students will use them in the computer lab during the school year. If you have a set at home that can stay at school, feel free to send them in. Please put them in a Ziploc bag and mark with your student's name.

## Keller's Resource Homepage

Remember to check out our Home page!!! There are many educational sites for the students that will make their learning even more fun!!!!

1. <http://www.ksd140.org>

District 140 Schools
John A. Bannes Elementary
Fernway Park Elementary
Helen Keller Elementary
Christa McAuliffe Elementary
Millennium Elementary
Virgil I. Grissom Middle School
Prairie View Middle School

On the left hand side of the page click on

**Helen Keller Elementary**

Helen Keller School
School Information
Calendar
Clubs and Activities
General Information
Nurse
Principal's Message
School Improvement Plan
Staff
For Parents & Students
eNews Registration
Info for Parents/Students
Media Center
Newsletter
Photo Gallery
Podcasts/Videos
PTO
Supply List
Textbooks

Again on the left side of the page find the tab

For the **Media Center**

In the center of this page you will see

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**Media Center**

**Keller Media Center**

[Keller Catalog](#)

[Keller Resource Page](#)

Now click on Keller Resource page

You have now found all of the resources Keller Media Center has to offer. Any database that requires a **user name** you will use **helenkeller** For the **password** you will use **school**. As always we are very excited about our old databases but we can't wait for you to check out our newest additions. If you have any problems accessing them call Mrs. Halbauer in the Learning Center.



A new interactive database which is a literacy resource that builds a love of reading and learning – online! BookFlix pairs classic fictional video storybooks from Weston Woods with nonfiction eBooks from Scholastic to reinforce reading skills and develop essential real-world knowledge and understanding.



PebbleGo, is an award winning database for reading and research, which features two distinct databases for K to grade 3 students: PebbleGo Animals  
PebbleGo Earth and Space and PebbleGo Biography

**EARLY WORLD OF LEARNING** Is part of the World book Encyclopedia web site. There is a separate tab to click on to find all of the fun! The first section **Trek's Travels** is narrated stories, interactive games, and original videos that teach critical early childhood themes, including numbers, shapes, colors, opposites, and more.

**Welcome to Reading** provides leveled reading practice to develop and strengthen phonics, vocabulary, phonemic awareness, and comprehension skills.

**Know it** is the interactive encyclopedia that will captivate early learners with non-fiction topics of interest and importance to them.

**Everyday Mathematics** has “Free Family Resources” available online for grades 2-6.

This resource section allows you to review an animated explanation of strategies taught in the classroom. This will offer you an insider's view as to how the math is being taught in the classroom.

To use this resource:

Click on “Algorithms in Everyday Mathematics”

Select a grade

Select an Operation

Select an Algorithm (method of doing the problem)

Select an Animation

Watch the video clip.

## **COUNSELOR'S CORNER**

### **Bully Free is the Way to Be!**

October is National Bullying Awareness month in the United States. October is also the time of year **RESPECT** is the main focus in the Keller Character Counts curriculum. During this time each Keller classroom will participate in a Character Education lessons focused on peaceful conflict resolution and bully prevention. During these special lessons, students will learn and practice strategies to identify bully behavior and some steps to take when you or someone you know are being bullied. Students will be asked to sign an anti-bullying pledge. This pledge will serve as a visual reminder to treat classmates with **RESPECT**, as well as report bullying behavior.

Stay tuned to the District Counselor's Corner for the October topic of bullying!

Here are some tips and additional information on bullying from [www.stopbullying.gov](http://www.stopbullying.gov)

### **Are You Being Bullied?**

**Nobody likes to be picked on. What can you do?**

**Speak up against bullying.** Say something like, "stop it."

**Walk away.** Act like you do not care, even if you really do.

**Tell an adult you trust.** They may have ideas about what you can do.

**Stick together.** Staying with a group might help.

### **Things to remember...**

You are not alone.

It is not your fault. Nobody should be bullied!

Talk to someone you trust.

Do not hurt yourself.

Do not bully back. Do not bully anyone else.

Do not let the bully win. Keep doing what you love to do.

### **Has Someone Called You a Bully?**

**Think about what you are doing.**

If someone did the same thing to you, would you be hurt?

Remember that making others feel bad is wrong.

Know that everyone is different, but different does not mean better or worse.

Try getting to know others who are not like you. You may find out, you are more alike than you think.

Talk to an adult you trust. They may have good ideas about what you can do to stop the bullying.

### **Have You Seen Bullying?**

You can help stop the bullying. Next time you see someone being bullied, try one (or more) of these ideas:

**If it is safe, speak up.** Say something like, "Stop it!"

**Tell an adult.** Kids who are being bullied are sometimes scared to tell an adult. That is where you come in--tell an adult who you trust, like your teacher or coach. You can tell them in person or leave them a note.

**Be a friend to the person who is being bullied.** You can still help the kid who is being bullied:

Talk with them.

Sit with them at lunch.

Play with them at recess.

**Set a good example.** Do not bully others.

*For more information on bullying and some tips on dealing with bullies, please visit: [http://www.stopbullying.gov/kids/being\\_bullied/index.html](http://www.stopbullying.gov/kids/being_bullied/index.html)*

## GYM NEWS



Sport Stacking (cup stacking) Club will be offered from Oct. 25 - Dec. 1 on Tuesday and Thursday afternoons for grades 1 - 5. Students must have a ride home after club at 3:30. More information to follow. Any questions e-mail Mrs. Grenda at [pgrenda@ksd140.org](mailto:pgrenda@ksd140.org).

## STUDENT COUNCIL NEWS

Student Council elections were held in the month of September. Congratulations to all of the elected classroom representatives and officers.

President	Patrick D. 5-1
Vice-President	Tony L. 4-2
Secretary	Courtney C. 5-2
Treasurer	Gavin F. 5-3

  

1-1	Peyton K. & Daniel W.	3-3	Alyssa W. & Aidan B.
1-2	Reagan H. & Sean M.	4-1	Allison J. & Matt G.
1-3	Fallon D. & Ryan B.	4-2	Allison F. & Danny C.
2-1	Chloe M. & Michael P.	4-3	Madyson P. & Ryan K.
2-2	Hannah L. & Ben M.	5-1	Ripley F. & Chad Y.
2-3	Alyssa P. & Adam A.	5-2	Tori W. & Nik T.
3-1	Jenna A. & Aiden W.	5-3	Abby D., Kelly W., & Greg V.
3-2	Abby K. & Adam S.		

## GREAT PUMPKIN PATCH CONTEST

Second grade will be sponsoring our annual Great Pumpkin Patch contest. If you would like to participate, please bring your decorated pumpkins to school on Wednesday, October 26th. The judging will take place afterschool on Thursday, October 27th and the students will take their pumpkins home afterschool on Friday, October 28th.

During the month of October, Student Council will be quite busy. We will be preparing for the opening of our Crusader School Store. Once open, students will be able to purchase items on Tuesdays and Thursdays during their lunch period. Items generally range in price from 25¢ - \$3.00.



Please remember the rules of the contest: The pumpkins must be small (not over 6 lbs.), no carving please, let the whole family help with the decorating and have FUN!!



Also, we are planning the annual Pumpkin Chase/Ghostbusters race, which will be held on Friday, October 28<sup>th</sup> with a rain date of Tuesday, November 1<sup>st</sup>. T-shirt order forms will be out soon.



# HELEN KELLER PTO NEWSLETTER



OCTOBER 2011

## IMPORTANT OCTOBER DATES.....

**10/10**-No School, Columbus Day

**10/20**-Popcorn Day

**10/11**-Yankee Candle Due

**10/21**- PTO Meeting 9am

**10/18**-Ameera's Pizzeria Day

**10/28**-PTO Halloween Party

**10/19**- Market Day Pick-up 5-6pm (NEW LATER TIME!)

**10/31**-Start Day

## **BOX TOPS CONTEST ENDS-**

(Extended date)

**FRIDAY,  
OCTOBER 7<sup>TH</sup>**



## **FUNDRAISERS.....**

**Fundraisers help us to achieve our goals and assist with sponsoring exciting events for the students at our school!**

**Yankee Candle**- Order Forms Due Back on October 11<sup>th</sup>

**Charming Charlie's and Wendy's**-Friday, November 18<sup>th</sup>

**Cookie Dough and Chuck E. Cheese's**-December

We know that sometimes it is not possible to participate in every fundraiser. As a PTO, our hope is that each family can contribute to at least one. Funds are down from last year, so in order for us to continue activities for our students we need to have an improved effort from all of our families.

Thank you in advance!

## ***PTO HALLOWEEN PARTY 10/28 6-8PM***

*This year we are asking for donations to decorate our hallways! Our requests-*

- *Orange and Black Streamers – LOTS!*
- *Spooky Decorations/Old Costumes*

*Tickets will be sold in advance for \$3 per child that includes a picture! (\$2 Ticket only). Look for an order form with all the details to come home soon!*

**ANYONE ABLE TO HELP SET -UP THE DAY OF THE EVENT OR WOULD LIKE TO HELP IN ANY WAY, PLEASE CONTACT SARA MORREY7721@COMCAST.NET -THANK YOU!!!!**

## **Great Job on the 1<sup>st</sup> Annual Helen Keller Resale!**

The resale was a big success and brought the school over \$ 350! Thank you Kelly Rojas and everyone else who made this event so profitable!

## **AMEERA'S PIZZARIA DAY**

**TUESDAY, OCTOBER 18<sup>TH</sup>**

10% of sales will be donated. Also, specials for Helen Keller families!

YOUR HELEN KELLER PTO BOARD:

Barb Wilbur, Mariann Stanton, Cheryl LaPlant, Christine Watkins, Joan Paulsen, Sara Morrey

Contact us at Helenkellerpto@gmail.com